



Culinary Adventures with Vikram Vij

Join Vikram Vij on a culinary adventure as he leads the first of a series of tours to India exploring the cuisine and culture of various regions of the country. The first tour will be ***The Royal Heritage Cuisine Tour of Rajasthan***. The tour centers around a 14 day gastronomic extravaganza sampling original recipes from the royal kitchens of the region.

Rajasthani cooking was influenced by the war-like lifestyle of its inhabitants and the availability of ingredients in this region. Food that could last for several days and could be eaten without heating was preferred, more out of necessity than choice. Scarcity of water and fresh green vegetables have all had their effect on the cooking. "Shikar" or hunting was a common activity of the Rajput warriors and game meat is an integral part of Rajasthani cuisine.

Participants will stay in out of the way heritage palaces, forts and private residences as personal guests of the owners, as well as, have a chance to interact with both locals and royal princes. An over night picnic on thoroughbred Marwari horses to a remote village culminating in outdoor cooking with villagers, retiring in luxury tents, and perchance, participating in an elephant polo match are just some of the extraordinary highlights of this tour.

Led by Chef Vikram Vij, Vancouver's culinary ambassador of Indian cuisine, and organized by award winning tour operator Indus Travels, this tour can only be billed as a once in a lifetime experience.

For participation and information, please contact Raju Banerjee at Indus Travels at 604-279-8794 or 1-866-978-2997.